

Construction OS&H

A training course for construction companies ('contractors')

Preliminary quiz

This short quiz will help the Course Tutor to teach and lead this course in a way that responds more specifically to your existing knowledge. Please answer the questions carefully but feel free to express your own understanding.

1. Why should construction contractors and their subcontractors have a 'zero accident' policy?
2. How can the organisation structure of a construction project be designed to ensure that the project is managed in such a way as to ensure that everyone involved is in a safe and healthy environment?

3. Explain what is meant by a 'Hazard' in the context of occupational safety and health.

4. Explain what is meant by a 'Risk' in the context of occupational safety and health.

- 5 Describe the main points that you would expect to find in an Occupational Safety and Health Plan for a construction project.

- 6 What are the main elements of an occupational safety and health management system?

- 8 A worker is part of a crew placing concrete for a large ground floor slab. What items of personal protective equipment should the worker be wearing?

9 Explain what precautions you should take when excavating a long trench three metres deep in fairly firm, dry soil.

10 You are about to climb a long ladder. List at least FIVE things that you would check before setting foot on it.